

Rebecca F. Wilson, MPH

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PROFESSIONAL QUALIFICATIONS:

- Proficient in health promotion planning, implementation of surveillance systems, evidence-based programs for violence against children, physical education, health education, adolescent sexual health education, program evaluation, program development, project management, crisis stabilization, and individual & group therapy.
- Proficient in oral and written communication, problem solving skills, leadership skills, and self-starter
- Proficient in performing independently, or as part of a team.

PROFESSIONAL EXPERIENCE:

Public Health Advisor

U.S. Department of Health & Human Services
Centers for Disease Control and Prevention

September 2007- Present

Atlanta, GA

- **PROGRAM MANAGEMENT:** Provides direct oversight of states' implementation of a national surveillance system for violence. Serves on a Federal Interagency Workgroup for Child Abuse and Child Neglect. Conduct extensive research on domestic violence, child maltreatment and children's mental issues. Participates in the development of new funding opportunities for the agency. Conducts and performs analytical work for the development of new programs and maintenance of existing ones. Monitors and evaluates grantee performance. Develops and disseminates technical assistance materials to internal and external partners.

Adjunct Faculty

Montgomery College, Rockville Campus

January 2010- Present

Rockville, MD

- **TEACHING:** Assists students in the development of a lifelong commitment to a wellness lifestyle with emphasis on regular participation in fitness activities and healthy dietary habits. Teach Core concepts, methods, and behavior management techniques related to the development and maintenance of fitness, nutrition and weight management, managing stress and reducing risks of associated with various lifestyle-related diseases will be examined, assessed and evaluated. Assist students with developing and implementing comprehensive fitness and wellness plans to achieve healthier lifestyles. Provide instructional exercise sessions, with additional opportunities for students to utilize the fitness facilities beyond the scheduled class times.

Behavioral and Social Science Volunteer

American Psychological Association, Office on AIDS

July 2008- June 2013

Washington, DC

- **TECHNICAL ASSISTANCE:** Assist community based organizations, health departments, and HIV-prevention community planning groups with HIV prevention efforts in their communities by offering free and ongoing technical assistance. Provide the following technical assistance: assistance using theory when addressing HIV/AIDS, adopting/adapting proven interventions, evaluations, writing grant proposals, conducting needs assessments, presentations/trainings, designing interventions, and defining goals and objectives.

Community-Assessment Liaison

August 2006-June 2007

Evans County Health Collaborative

Claxton, GA

- **PROGRAM DEVELOPMENT:** Served as community assessment liaison for Georgia Southern University and Evans County Health Collaborative. Participated in a retreat where I helped develop goals and vision statement of Evans County Health Collaborative. Analyzed evaluation for Evans County Annual Health fair. Participated in monthly meetings with key officials and stakeholders of Evans County. Helped develop Wellness Council and Worksite Wellness Program with various stakeholders of Evans County. Planned and participated in student expo workshop.
- **HEALTH EDUCATION:** Planned and implemented events focused on health concerns of community members. Developed health education material, covering several health topics, to present at monthly lunch-n-learns. Presented material on diabetes at Eastern Stars Community Health Fair.
- **RESEARCH:** Conducted qualitative interviews, focus groups, and observations with community members of Evans County. Transcribed, coded, analyzed, and presented finding at the 134th American Public Health Association Annual Conference. Conducted field work in Evans County

KEY ACCOMPLISHMENTS: Published two articles of finding from research. Presented findings at the 134th American Public Health Association Annual Conference. Received APHA Public Health Education and Health Promotion Student Research Award 2007. Collaborated with businesses to enroll their employees into the Worksite Wellness Program.

Part-time Faculty/Healthful Living Instructor

August 2005-May 2007

Georgia Southern University

Statesboro, GA

- **TEACHING:** Introduced undergraduate students to fundamental concepts associated with healthful living throughout the lifespan. Developed course content that focused upon the promotion of health and wellness within individuals, families, and communities through an understanding of healthful living, development of healthy lifestyles, and avoiding or overcoming harmful habits. Taught students about the six components of health, which allowed them to identify causations of health risk factors and make health-wise choices, develop a plan for adjusting or maintaining a balance among the dimensions of psychosocial health: mental, emotional, social, and spiritual wellness, describe current equity, multicultural, and diversity issues in health promotion, describe the characteristics of intimate relationships and discuss sexuality and sexual behavior, demonstrate knowledge of the impact of stress on health and well-being as well as the capability to implement a plan for effective stress management, assess personal nutritional habits and implement health-wise behavior change, assess personal fitness level and develop a personal fitness program, identify the characteristics and consequences of drug use and abuse, describe disease states and discuss measures for prevention, and analyze and discuss current trends of violence and abuse from an individual, family, and community perspective to become a health advocate within the society. Educated students about sexually transmitted diseases. Used practical activities to demonstrate risk and the importance of health education.
- **PROGRAM MANAGEMENT:** Managed classroom size of 300+ undergraduate students. Developed, administered and graded all exams. Met all deadlines set by the university in regards to reporting student records to the registrar's office. Collected assessments and assignments from all students. Served as lead healthful living instructor. Communicated with students, parents, and other university faculty in a professional and respectful manner. Assisted students in developing personalized healthy behavior contracts. Collaborated with Director of the Healthful Living Program in designing and evaluating new methods of teaching college-aged students about health. Collaborated with Project Amethyst (a non-profit HIV/AIDS treatment center) to utilize some HIV positive clients to speak with the undergraduate students about HIV/AIDS.

- **RESEARCH:** Administered surveys to students about their health behaviors. Conducted extensive research on all sexually transmitted diseases.

KEY ACCOMPLISHMENTS: Received the Excellent Teaching Award (Georgia Southern University, Department of Health & Kinesiology, 2006) and the Outstanding Teacher Award (Georgia Southern University, Department of Health & Kinesiology, 2007).

Family Counseling Practitioner

Someone Cares Counseling Services

March 2006-June 2007

Hinesville, GA

- **COUNSELING:** Provided intensive in-home counseling to children, adolescents, and families. Participated in treatment planning weekly to devise behavior intervention plans for client. Communicated effectively with clients, parents and coworkers. Organized and observed clients participating in activities in the community. Worked directly with the Department of Juvenile Justice to monitor and evaluate client's behavior.

Clinical Assistant

Laurel Heights Hospital

June 1999-January 2005

Atlanta, GA

- **COUNSELING:** Counseled children and adolescents at an intensive residential treatment center who were diagnosed with emotional and behavioral disorders. Offered various modalities of therapy to increase clients' awareness of behavior and choices. Provided individualized treatment plans and interventions that empowered clients to develop skills of conflict resolution and problem solving.
- **PROGRAM MANAGEMENT:** Organized daily schedule for enhanced work flow. Supervised and trained coworkers. Facilitated Adult Daily Living Groups and Educational Groups. Served as co-teacher and substitute teacher to the Education Therapist. Developed and implemented curricula for effective milieu management. Taught aerobics and group exercise.

Children's Advocate

Citizen's Against Violence

June 1998-June 1999

Statesboro, GA

- **COUNSELING:** Answered crisis hotline. Assisted in assessment and intake of new clients. Scheduled appointments for abused women with social services agencies. Transported clients to appointments and organized activities for children at shelter. Counseled children. Taught aerobics and other groups exercises

EDUCATION:

Master of Public Health in Community Health, May 2007

Georgia Southern University, Statesboro, GA

Bachelor of Science in Psychology, June 1998

Georgia Southern University, Statesboro, GA

TRAININGS/PROFESSIONAL DEVELOPMENT:

- ✓ HRSA Mid Level Leadership Development Program
- ✓ HRSA Scholars Program
- ✓ Dynamics in Leadership

PRESENTATIONS:

Wilson R.F. & Scott, A. (2007) *Using an ecological approach to assess the perceived needs to community health of African Americans in a rural Georgia town.* Presented as a poster exhibit at the Fifth

Annual Graduate Student Scholarship Day, Jack N. Averitt College of Graduate Studies, Georgia Southern University. Statesboro, GA: April 4th.

Wilson R.F. & Scott, A. (2007) *Using an ecological approach to assess the perceived needs to community health of African Americans in a rural Georgia town*. Presented as a poster exhibit at the One hundred and thirty fourth American Public Health Association Annual Conference in Washington, DC: November 5th.

Wilson R.F., Sturges, D., & Parrillo, A.V. (2006). *Exploring public awareness and attitudes about HIV/AIDS in the Czech Republic*. Presented as a poster exhibit at the Fourth Annual Graduate Student Scholarship Day, Jack N. Averitt College of Graduate Studies, Georgia Southern University. Statesboro, GA: April 6th.

Wilson, R.F. (2006). *Obesity & Weight Management*. Presented at Evan County Wellness in the Workplace Collaborative in Claxton, GA: October 2, 2006

Wilson, R.F., Regmi, A., Panchavati, P. & Robinson, F. (2006). *Diabetes: An educational intervention for college-aged students*. Presented as a poster exhibit at the Eastern Stars Health Fair in Claxton, Georgia: November 11, 2006

PUBLICATIONS:

Wilson, R.F., Fortson, B. & Chaffin, M. (In Press) *Treatment of Parent-Child Violence*. Wiley Handbook on Violence and Aggression.

Scott, A. & Wilson R.F. (2011) *Upstream Ecological Risks for Overweight and Obesity Among African American Youth in a Rural Town in the Deep South, 2007*. *Preventing Chronic Disease: Public Health Research, Practice, and Policy*. Vol 1: No 8.

Scott, A. & Wilson R.F. (2011) *Social determinants of health among African Americans in a rural community in the Deep South: an ecological exploration*. *Rural and Remote Health* 11:1634 (Online)

Wilson R.F. & Scott, A. (2007) *Using an ecological approach to assess the perceived needs to community health of African Americans in a rural Georgia town*. Presented as a poster exhibit at the One hundred and thirty fourth American Public Health Association Annual Conference in Washington, DC: November 5th.

Wilson R.F., Sturges, D., & Parrillo, A.V. (2006). Exploring public awareness and attitudes about HIV/AIDS in the Czech Republic. *The Fourth Annual Graduate Student Scholarship Day: Abstracts*. Statesboro, GA: Jack N. Averitt College of Graduate Studies. (p. 8)

Wilson R.F. & Scott, A. (2007) *Using an ecological approach to assess the perceived needs to community health of African Americans in a rural Georgia town*. *The Fifth Annual Graduate Student Scholarship Day Abstracts*. Statesboro, GA: Jack N. Averitt College of Graduate Studies. (p. 10)

Wilson R.F. & Scott, A. (2007) *Using an ecological approach to assess the perceived needs to community health of African Americans in a rural Georgia town*. Presented as a poster exhibit at the One hundred and thirty fourth American Public Health Association Annual Conference in Washington, DC: November 5th.

AWARDS & HONORS:

- ✓ Health Resources and Services Administration: Administrator's Citation Award (2012)
- ✓ Completion Certificate for the Health Resources & Services Administration Mid Level Leadership Program (2012)
- ✓ Completion Certificate for the Health Resources & Services Administration HRSA Scholar's Program (2008)
- ✓ Video Public Service Announcement Award (National Rural Health Association, 2005) I participated in a Public Service Announcement for the National Rural Health Association NRHA. This award gave me the opportunity to use the media to promote the goals and objectives of the NRHA in New Orleans.
- ✓ International Studies Program Award, Georgia Southern University (2005) This award helped to fund my visit to Central Europe; where I conducted qualitative research on HIV/AIDS.
- ✓ Student Volunteer Scholarship (National Rural Health Association, 2006)
- ✓ Excellent Teaching Award (Georgia Southern University, Department of Health & Kinesiology, 2006)
- ✓ Student Volunteer Scholarship (Georgia Public Health Association, 2006)
- ✓ Student Professional Development Award (Georgia Southern University, 2006)
- ✓ Student Scholarship (National Institute of Mental Health, 2007)
- ✓ Outstanding Teacher Award (Georgia Southern University, Department of Health & Kinesiology, 2007)
- ✓ Student Research Contest Award for American Public Health Association (Public Health Education and Health Promotion Section) November 2007